

HARTLAND, WI
BOARDING
CAMP
ITINERARIES



PRO AMBITIONS HOCKEY, INC
DEFENSE W/ JEFF BOARDING CAMP
JULY 14-18, 2024
HARTLAND, WI



SUNDAY

3:00-5:00pm – Drop off Hockey Gear at Howard G Mullett Ice Center
3:00-5:00pm- Check in at Hilger Hall on Carroll University Campus
5:00-5:30pm- Camp Orientation
5:30-6:30pm- Dinner
6:30-7:30pm- Team Building
7:30-8:30pm- Field games
8:30-9:00pm- Small Groups
9:00-10:00pm- Down time/ Showers and relax
10:00pm-6:30am- Quiet Time- Everyone in their own room

MONDAY

6:30am- Wake up and Line up
7:00-7:30am- Breakfast
7:30-8:00am Bus to rink
8:00-8:30am- Dynamic Stretch
8:30-9:00am- Lockerroom
9:00-11:00AM- ON ICE
11:00-11:30pm- Lockerroom
11:30-12:00pm- Off Ice Training
12:00-12:30pm- Lunch at Rink
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HARTLAND, WI DAY CAMP ITINERARIES



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