## PRO AMBITIONS HOCKEY



2021 Camp Policies and Procedures

## Back to Camp!

But first, we want to ease any concerns and answer any questions you may have now...

#### Masks at camp



We will follow the below guidelines, issued by the State of Massachusetts.

#### Campers:

- Families are required to provide a mask or face covering for their child.
- We will encourage the wearing of masks or cloth face coverings during the program day. Masks must be worn in situations where six feet of physical distancing is not possible.

#### Staff:

Staff members will always wear a mask, except during designated break times taken away from other staff and campers.



# Daily Health Checks and Other Precautions

#### **Visitors**

We know you want to see how much fun the kids are having at camp, but Pro Ambitions is following all of the MA Camp guidelines, which do not allow for visitors at camp.

If you have any questions / concerns please let a coach know at check in.

### Camper Guidelines



- Each day, campers and staff alike will undergo wellness checks before entering the camp. <u>Campers should expect the following every morning</u> and afternoon:
  - Staff will ask how they are feeling to see if there are any symptoms of concerns.
  - If a fever is present or another COVID-19 symptom is displayed, the camper (and any siblings, if any) will be brought to our medical team for further examination.
  - Any camper who has a fever of 100 degrees or more and/or exhibits symptoms of COVID-19 will not be allowed to return to camp for 14 days. As a guiding principle, campers will also be reminded to keep a six-foot distance from other campers and staff, though help will be provided from the counselors within your children's group in situations where extra help is needed (skate tying included!).
- All campers MUST bring their own water bottle. It is recommended to bring a few water bottles but staff will undergo special training in the case that campers need extra waters.

#### Out of state campers



- Any campers from out of state will be required to follow MA State Guidelines
- Please be aware that Pro Ambitions may require proof of a negative covid test prior to arrival submitted to our Healthcare Supervisor boh@proambitions.com
  - As of right now this will be required only for states who need to do this to enter MA.
  - As of right now it is required to take this test up to 72 prior to your arrival in MA.
  - These requirements are subject to change with any changes made by the Commonwealth of Massachusetts or the state in which camp is being held.

#### **Staff Guidelines**



- Prior to your children's arrival each morning, all staff members will complete a wellness check with a camp medical professional.
- Staff members will always wear a mask, except during designated break times taken away from other staff and campers.
- Any staff member who has a fever of 100 degrees or more and/or exhibits symptoms of COVID-19 will not be allowed to return to camp for 14 days.
- As a guiding principle, staff will keep a six-foot distance from campers and fellow staff at any times possible.

### Camp Groupings



- Campers will be placed in groups of 8 to 10 children of a similar age and will stay with that group throughout the day and week.
  - This will minimize the amount of daily contact and ensure the safest possible environment for your child and the camp.
- Each group of ten will have one to two counselors assigned to those groups, who will travel solely with those campers throughout the day.
  - This will include off ice and lunch supervision.

#### Sanitization

- This summer, we will have staff that will specialize in helping to sanitize the rink before, during, and after our campers arrive to help minimize the spread of COVID-19.
- In addition, our staff will be in charge of ensuring rooms and all equipment that may be shared is sanitized between activities.
- Children are required to bring their own off ice sticks to limit the contact and interaction between others.



#### Handwashing

- We know your child is already a handwashing pro, but please know that we will encourage your camper to refrain from touching their face and to wash their hands for at least 20 seconds this summer.
- Counselors for each group will stand outside the bathroom and any handwashing stations to help facilitate this process so we can ensure that every camper washes their hands after using the bathroom, before and after meals and snacks, and as they leave an activity area.
- One group of children will enter washroom at a time as to not mix groups.



#### Hugs, High Fives and Help



- We know: the idea that your child will be blocked from running to their friend for a huge hug after not seeing each other in months is disheartening. Camp is about maintaining those connections, and we're going to work through the social distancing awkwardness the best that we possibly can. Hugs will not be permitted.
- Know that we STRONGLY **recommend** that you chat with your child before camp to help them remember that distancing is helpful during these difficult times, since campers will be reminded to keep a six-foot distance as a guiding principle.
- Staff working with your child's hockey group will still be there to help tie skates. Your camper's teammate will still celebrate your child's amazing goal on the ice. Though things may look a little different, kids will come home with a sense of confidence about something new they tried or giggling about the joke their counselor told them.
- We hear you: we know that this will be different than previous summers. We at Pro Ambitions are ready and willing to work through this with your camper to make this summer a memorable experience.

# Additional Questions and Concerns



- Pro Ambitions Staff has had in depth training on all of the policies and procedures surrounding COVID-19 as well as all other 105.CMR.430 policies in accordance with the MA Board of Health and CDC.
- Please know these requirements are put in place for the safety of campers and counselors. These are subject to changes made by the local board of health in each town. Any changes will be communicated immediately with both parents and staff.
- Any questions or concerns can be emailed to our Healthcare Supervisor Director Courtney Turner: <u>boh@proambitions.com</u>

We hope you all are staying healthy and Pro Ambitions looks forward to having a great camp season despite still facing some challenges!

#### If suspected COVID



- There is a possibility that a camper or staff member may show symptoms consistent with those associated with COVID-19. If this happens, Pro Ambitions has the following policies in place:
  - The camper or staff member in question will be removed from their group and brought to an area specifically reserved for medical isolation.
  - If a camper has a sibling at camp, that child will also be treated as potentially infected.
  - The camper or staff member will be fully evaluated by onsite healthcare staff, taking every precaution to protect themselves and the camp community.
  - If the camper's symptoms are confirmed, their parent and/or guardian will receive a phone call to alert about the symptoms being displayed, and the next steps to take.
  - If a camper or staff member tests positive for COVID-19, those who have been identified as close contacts with the person will be notified and must stay home for 10-14 days. The CDC defines close contact as any individual within 6 feet of an infected person for at least 15 minutes.